



Capabilities Statement

With 20 years of experience, we specialize in supporting corporations, and local, state, and federal government agencies with tailored solutions that drive efficiency, leadership excellence, and organizational growth.

Core Competencies

- **Executive Coaching** – Enhancing leadership effectiveness, optimizing performance, and empowering executives.
- **Training & Education** – Custom workshops, workforce development, and skill-building programs.
- **Business Consulting** – Strategic planning, operational efficiency, and nonprofit support.
- **Trauma Support** – Workplace and crisis support, employee well-being programs. Chaplaincy service and care.

Differentiators

Our team includes ICF-certified executive coaches. Approved emergency response supplier within the California Department of General Services (DGS) elite SB/DVBE network.

Experience

Total Life Consultancy LLC – June 2021 – Present

ICF Core Competencies instructor, equipping coaches with essential skills for professional excellence and ensuring they are well-prepared for success in dynamic environments.

Social Security Administration – November 2008 – September 2016

Helped Social Security beneficiaries achieve significant milestones and outcomes related to employment and earnings.

Blue Shield of CA – January 2001 – August 2005

Helped with HIPAA compliance while managing a \$7 million cross-functional, multi-layered project with national and international staff.

Company Snapshot

CAGE: 0STQ2

UEI: ETF1FALNP2M5

Accept credit/debit cards

Serve local and national service areas

NAICS Codes

- 541611 – Administrative Management and General Management Consulting Services
- 611430 – Professional and Management Development Training
- 611710 – Educational Support Services
- 561110 – Office Administrative Service
- 921190 – Other General Government Support
- 541612 – Human Resources Consulting Services
- 624190 – Other Individual and Family Services
- 541618 – Other Management Consulting Services
- 624310 – Vocational Rehabilitation

Licenses & Certifications:

- CA SB #2042886
- Certified Trauma Professional
- ICF – Associate Certified Coach (ACC)
- Certified Domestic Violence Advocate
- SBA-Certified EDWOSB
- SBA-Certified WOSB

Contact

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Key Clients

